Total Miles	Go Miles			Total Miles	Go Miles		
0.0	0.0	<b>†</b>	Start on Athletic St, go straight	8.2	1.3	← STOP	At stop sign, turn <b>left</b> on NC 213
			towards Cascade Rd/NC 213	8.9	0.7	H	Turn <b>right</b> on Fisher Lane
0.1	0.1	<b>→</b> STOP	At stop sign, turn <b>right</b> on Cascade Rd/NC 213	10.4	1.5	<b>←</b> STOP	At stop sign, turn <b>left</b> on Walnut Creek Rd — no sign
0.7	0.6	4	Turn left on Gabriels Creek Rd				Metric and Grind split
2.7	2.0	+	Turn right on Upper White Oak Rd	12.1	1.7	<b>‡</b> :	At traffic light, <b>straight</b> across US 25/70 <b>TRO</b> Walnut Creek Rd
3.2	0.5	<b>†</b>	Straight TRO Upper White Oak Rd Lower White Oak Rd on left	13.0	0.9	<b>←</b> \$10P	At stop sign, turn <b>left</b> on N Main St
3.4	0.2	<b>‡</b>	<b>Straight TRO</b> Upper White Oak Rd Kelly Hunter Rd on <b>right</b>				US 25/70 Caution: traffic may be heavy
4.3	0.9	<b>→</b> STOP	At stop sign, turn <b>right</b> on Bull Creek Rd No sign	13.7	0.7	₽Ū	A traffic light, turn <b>right</b> on Bailey's Branch Rd/SR 1001 Zuma Coffee on corner
4.5	0.2	4	Turn <b>left</b> on Hazel Brook Rd Bull Creek Baptist Church on corner	13.7+	+0.0	#	Caution: cross railroad tracks and cross bridge over French Broad River
6.1	1.6	<b>†</b>	<b>Straight</b> onto Bend of Ivy Rd — No sign	16.2	2.5	4	<b>Straight</b> — becomes Meadows Town Rd Laurel Branch Rd on <b>left</b>
6.7	0.6	Ϋ́	Bear <b>right TRO</b> Bend of Ivy Rd Windswept Ridge Rd on left — no sign	23.5	7.3	<b>→</b> STOP	At stop sign, turn <b>right</b> on New Leicester Hwy/NC 63
6.9	0.2	<b>←</b> STOP	At stop sign, turn <b>left</b> on Silver Mill Rd Laurel Branch Baptist Church on corner	26.9	3.4	4	Rest Stop #1 — Sandy Mush Polling Station
				1			2
Total Miles	Go Miles			Total Miles	Go Miles		
32.5	5.6	<b>†</b>	Rest Stop #2 — Doggett Mountain Elev 3868'	75.1	8.7	<b>†</b>	Rest Stop #5 — Devil's Fork
			Caution: Steep decent ahead	75.7	0.6	<b>†</b>	Straight — becomes TN 352
37.5	5.0	T STOP	At stop sign, turn <b>right</b> on NC 209				North Carolina Tennessee State Line Caution: Steep decent ahead to Old Hwy 23
48.0	10.5	<b>†</b>	Caution: Steep decent ahead into Hot Springs	79.8	4.1	<b>→</b> STOP	At stop sign, turn <b>right</b> on Old Hwy 23
52.0	4.0	1	Straight onto US 25/70	81.3	1.5	<b>†</b>	Straight TRO Old Hwy 23 — entering
52.0 52.1	0.1	† †	Straight onto US 25/70  Rest Stop #3 — Hot Springs Library				town of Flag Pond
				81.3	6.1	† ‡	town of Flag Pond  Rest Stop #6 — Top of Sam's Gap Elev 3712'
52.1	0.1	<b>†</b>	Rest Stop #3 — Hot Springs Library				Rest Stop #6 — Top of Sam's Gap Elev 3712' After leaving rest stop, road becomes US 23
52.1 52.2	0.1	<b>†</b>	Rest Stop #3 — Hot Springs Library  Caution: cross railroad tracks  Straight across bridge over	87.4	6.1	<b>†</b>	Rest Stop #6 — Top of Sam's Gap Elev 3712' After leaving rest stop, road becomes US 23 Caution: Steep decent ahead next 3 miles
52.1 52.2 52.3	0.1 0.1 0.1	<b>↑</b>	Rest Stop #3 — Hot Springs Library  Caution: cross railroad tracks  Straight across bridge over French Broad River	90.1	6.1	<b>†</b>	Rest Stop #6 — Top of Sam's Gap Elev 3712' After leaving rest stop, road becomes US 23 Caution: Steep decent ahead next 3 miles  Straight — Big Laurel Grind rejoins route
52.1 52.2 52.3 55.0	0.1 0.1 0.1 2.7	† †	Rest Stop #3 — Hot Springs Library  Caution: cross railroad tracks  Straight across bridge over French Broad River  Cross under Appalachian Trail	87.4	6.1	<b>†</b>	Rest Stop #6 — Top of Sam's Gap Elev 3712' After leaving rest stop, road becomes US 23 Caution: Steep decent ahead next 3 miles
52.1 52.2 52.3 55.0 57.2	0.1 0.1 0.1 2.7 2.2	† † † †	Rest Stop #3 — Hot Springs Library  Caution: cross railroad tracks  Straight across bridge over French Broad River  Cross under Appalachian Trail  At yield sign, turn left on NC 208	90.1	6.1	<b>†</b>	Rest Stop #6 — Top of Sam's Gap Elev 3712' After leaving rest stop, road becomes US 23 Caution: Steep decent ahead next 3 miles  Straight — Big Laurel Grind rejoins route Turn right on Higgins Branch Rd
52.1 52.2 52.3 55.0 57.2 60.6	0.1 0.1 0.1 2.7 2.2 3.4	† † † †	Rest Stop #3 — Hot Springs Library  Caution: cross railroad tracks  Straight across bridge over French Broad River  Cross under Appalachian Trail  At yield sign, turn left on NC 208  Turn right on Guntertown Rd  Straight TRO Guntertown Rd	90.1 97.5	2.7 7.4	† † +	Rest Stop #6 — Top of Sam's Gap Elev 3712' After leaving rest stop, road becomes US 23 Caution: Steep decent ahead next 3 miles  Straight — Big Laurel Grind rejoins route Turn right on Higgins Branch Rd Go under bridge
52.1 52.2 52.3 55.0 57.2 60.6 62.2	0.1 0.1 0.1 2.7 2.2 3.4 1.6	† † † † † †	Rest Stop #3 — Hot Springs Library  Caution: cross railroad tracks  Straight across bridge over French Broad River  Cross under Appalachian Trail  At yield sign, turn left on NC 208  Turn right on Guntertown Rd  Straight TRO Guntertown Rd  Metric rejoins Route	90.1 97.5 97.6	2.7 7.4 0.1	† † +	Rest Stop #6 — Top of Sam's Gap Elev 3712' After leaving rest stop, road becomes US 23 Caution: Steep decent ahead next 3 miles  Straight — Big Laurel Grind rejoins route Turn right on Higgins Branch Rd Go under bridge  Turn left on N Main St



